

Feb 10-17 2019

Please fill in the requested info, check your preferences then print, sign, date and email to:

jamie@jamieholmes.com

Name:	
Address:	
Email:	
Ph#	
Emergency contact #	

INCLUDED IN RETREAT – Base Price \$1000.00

- *One aerial silks class and one yoga class per day
- *Organic and fresh breakfast, afternoon smoothie, dinner, and drinking water
- *Return transportation from SJO to Funky Monkey Lodge
- *Access to pool and all house amenities
- *1 60min deep tissue massage

NOT INCLUDED IN RETREAT

- *Flights to and from Costa Rica
- *\$29.00 USD (cash only) exit fee from SJO when leaving Costa Rica
- *Tips for staff at Funky Monkey Lodge
- *Accommodations (see 2nd page)
- *Extra activities

Accommodation choice:

Accommodation	\$55 per night per person (2 people in a private bungalow)
Accommodation	\$43 per night per person (3 people in a private bungalow)
Accommodation	\$40 per night per person (5 people minimum in a large bungalow)
Accommodation	\$50 per night per person (4 people minimum in a large bungalow)
Accommodation	\$29 per night per person (8 people in a large bungalow) (7 beds - 1 double, 6 individual)
Accommodation	\$67 per night per person (2 people in small AC apartment)
Accommodation	\$55 per person per night (3 people in small AC apartment)
Accommodation	\$50 per person per night (4 people in large AC apartment)
Accommodation	\$36 per person per night (6 people in large AC apartment)
Accommodation	\$116 per person per night (2 people in luxury garden view apartment)
Sign	Date