

Feb 18-25 2018

Please fill in the requested info, check your preferences then print, sign, date and email to:

jamie@jamieholmes.com

Name:	
Address:	
Email:	
Ph#	
Emergency contact #	

## **INCLUDED IN RETREAT - Base Price \$900.00**

- \*One aerial silks class and one yoga class per day
- \*Organic and fresh breakfast, afternoon smoothie, dinner, and drinking water
- \*Return transportation from SJO to Funky Monkey Lodge
- \*Access to pool and all house amenities
- \*1 60min deep tissue massage

## **NOT INCLUDED IN RETREAT**

- \*Flights to and from Costa Rica
- \*Accommodations (see 2<sup>nd</sup> page)
- \*Extra activities

## **Accommodation choice:**

Accommodation	\$55 per night per person (2 people in a private bungalow)
Accommodation	\$43 per night per person (3 people in a private bungalow)
Accommodation	\$40 per night per person (5 people minimum in a large bungalow)
Accommodation	\$50 per night per person (4 people minimum in a large bungalow)
Accommodation	\$29 per night per person (8 people minimum in a large bungalow)
Accommodation	\$77 per night per person (2 people in small AC apartment)
Accommodation	\$58 per person per night (3 people in small AC apartment)
Accommodation	\$55 per person per night (4 people in large AC apartment)
Accommodation	\$36 per person per night (6 people in large AC apartment)
Accommodation	\$116 per person per night (2 people in luxury garden view apartment)

Sign	Date	