

# *Fly Time Retreats*

Presents

Inverted Equilibrium

*Handstand \* Surf \* Stretch*

**Feb 25 - March 4<sup>th</sup> 2018**

Please fill in the requested info, check your preferences then print , sign , date and email to:

[jamie@jamieholmes.com](mailto:jamie@jamieholmes.com)

Name:

Address:

Email:

Ph #

Emergency contact #

## **INCLUDED IN RETREAT – Base Price \$800.00**

*\*Alternating Handstand Class or Surf Lesson (3 of each) and nightly Stretch Classes*

*\*Organic and fresh breakfast, afternoon smoothie, dinner, and drinking water*

*\*Return transportation from SJO to Funky Monkey Lodge*

*\*Access to pool and all house amenities*

## **NOT INCLUDED IN RETREAT**

\*Flights to and from Costa Rica

\*Accommodations (see 2<sup>nd</sup> page)

\*Extra activities

**Accommodation choice:**

- Accommodation \$55 per night per person (2 people in a private bungalow)*
- Accommodation \$43 per night per person (3 people in a private bungalow)*
- Accommodation \$40 per night per person (5 people minimum in a large bungalow)*
- Accommodation \$50 per night per person (4 people minimum in a large bungalow)*
- Accommodation \$29 per night per person (8 people minimum in a large bungalow)*
- Accommodation \$77 per night per person (2 people in small AC apartment)*
- Accommodation \$58 per person per night (3 people in small AC apartment)*
- Accommodation \$55 per person per night (4 people in large AC apartment)*
- Accommodation \$36 per person per night (6 people in large AC apartment)*
- Accommodation \$116 per person per night (2 people in luxury garden view apartment)*

Sign \_\_\_\_\_

Date \_\_\_\_\_