

Fly Time Retreats

Aerial * Yoga * Escape

Santa Teresa, Costa Rica

February 16th to 23rd, 2020

Please fill in the requested info, check off your accomodation preferences.
Then sign and date and email to jamie@jamieholmes.com
Thank you!

Your Details

Name

First Last

Address

Street Address

Email

example@example.com

Street Address Line 2

City Province

Phone Number

Area Code Phone Number

Postal Code

Emergency Contact

Contact Name

Contact Phone

Area Code Phone Number

INCLUDED IN RETREAT - Base Price \$1000.00

One aerial silks class and one yoga class per day
Organic and fresh breakfast, afternoon smoothie, dinner, and drinking water
Return transportation from SJO to Funky Monkey Lodge
Access to pool and all house amenities
1 60min deep tissue massage

NOT INCLUDED IN RETREAT

Flights to and from Costa Rica
Accommodations (see next section)
Extra activities

Accommodation Choice

Please select one:

- \$65 per night per person (2 people in a private bungalow)
- \$48 per night per person (3 people in a private bungalow)
- \$40 per night per person (5 people minimum in a large bungalow)
- \$50 per night per person (4 people minimum in a large bungalow)
- \$29 per night per person (8 people minimum in a large bungalow)
- \$77 per night per person (2 people in small AC apartment)
- \$58 per person per night (3 people in small AC apartment)
- \$55 per person per night (4 people in large AC apartment)
- \$36 per person per night (6 people in large AC apartment)
- \$116 per person per night (2 people in luxury garden view apartment)

Signature

Date
